Good morning all,

Many thanks to those of you who joined us for the Living Well meeting on 6th April. It was a really good turn out and we had not one, not two, but three presentations agenda'd and we were also joined by Professor Martin Pitt who is a Professor of Applied Healthcare Modelling and Data Science and Director of PenCHORD (Peninsula Collaboration for Health Operational Research & Data Science)
He joined us to talk about the Kailo project which is a major new project which is looking at adolescent mental health, with a particular focus on North Devon and we are in discussion with him as to how Ilfracombe and the Living Well team could get involved with this.
I have attached the Kailo Case for Support and the PowerPoint so that you can have a read and understand the background and purpose of the project.
Myself, Sarah and Martin and some of the One Ilfracombe team are meeting next week to look at how we could potentially work together so we should hopefully have some more information at the next Living Well meeting.

Our presentations this month were:

1.**Fiona Fraser-Smith from Red Herring Productions**, who told us about the Green Space Dark Skies Project, which is a national interactive outdoor/landscape art project that uses light as the medium. This project is open for anyone to register and join in with, but Fiona is hoping to get Ilfracombe participants who wouldn't usually be able to join in with this sort of project to get involved. They have a small amount of funding which could go towards transport costs or support staff costs. She says:
"As the site on Saturday May 28th is not that far from Ilfracombe, we're really keen to find ways for local residents to get to know about the project and to take part as a Lumenator.

The key thing is that people have to sign up, the only way they can take part is by being a participant and becoming part of creating an amazing artwork in the landscape.

Attached is an e-flyer about Green Space Dark Skies, this is more generic, and gives you a flavour of the project..

Also attached is some copy which you're welcome to use to help promote the project within communities in Ilfracombe plus an image you're free to use in Newsletters etc."

The documents mentioned are attached to this email and you can find out more from Fiona using the following details:
Fiona Fraser-Smith
Red Herring Productions
07900 212747
www.redherringproductions.co.uk
fiona@redherringproductions.co.uk

2. **Jody Le Bredonchel from Ilfracombe Junior School**

The Junior School are working with the other Ilfracombe schools and multi-disciplinary team members on an online safety campaign following a number of recent issues with students including cyber bullying, abuse and shockingly a number of grooming incidences.
They are looking for the support of the Living Well team and local organisations to promote the message and magnify the campaign.
There will be a meeting around this project in the coming weeks and if you think you or your organisation could be interested in supporting this, or you have experience in this field that could be of benefit then please contact Jody on JLeBredonchel@ilfracombe-jun.devon.sch.uk

3. **Terry Elliott – Update on the Tyrrell MIU and The Link Centre**

The Link Centre – They have had word that a Link Centre service will resume on 25th of April, but the service that they have heard about isn't what they were wanting to see. They are aware that there are still Covid restrictions in place but they have concerns that the service will be diluted and will not offer the kind of things that they would hope to see resuming and potentially never returning.
They wrote to Tim Golby (head of the CCG) because they were concerned that the drop in wouldn't mean a drop in as current users have to register that they'd be interested and then book appointments which would mean it isn't a drop in. She added that it was proposed as a temporary measure for maybe a year or so, but then the plan was for the drop in type service to be handed over to the third-sector/local community. They are concerned about this so have asked for clarification.
They also had concerns around that people could no longer self-refer and that other agencies such as GPs or social prescribers wouldn't be able to refer either and that anyone who would be eligible would have to first undergo DPT assessment which obviously would mean a lot of people dropping through the cracks.
They've had someone at Belle's who was referred to the DPT service but was told that she'd need to wait a year for an assessment so they have asked for clarification on this also and also an understanding of the eligibility criteria to access the Link Centre and also the duration of their 'treatment'.
They have had a response back, although they don't feel it really addressed the questions that they asked but they did confirm a re-opening date of 25th April and that the drop-in was a temporary measure. They've also said that they are looking at how some services can be delivered by local partners.

Russ Drayton (manager of the Link Centres) was also present and added that he has recently returned to work and has been working hard to chase up on what is happening. His update was that all of the people who had accessed the service prior to Covid have been contacted and request to see if they are interested in joining in with the drop in service from the 25th. Russ's aim is to try and get back to where they were but they are currently restricted as they are only able to get referrals from the Adult Mental Health and Social Care team who are already overstretched.
He said the good news is that although Pat Wakefield has retired they are in the process of recruiting, and with Caro currently off they are only on one part-time worker for Ilfracombe at present.
He added that with Covid still rife they are still restricted because of DPT/DCC

guidelines, but hopefully once these restrictions are removed he hopes to return to something similar to what was there pre-Covid.

MIU – Not great news unfortunately. As a town with lots of deprivation, a large number of residents with no access to transport as well as a big influx of visitors over the holiday periods, the MIU provides a vital service which saves people from having to access A&E in Barnstaple (or 111) which has repeatedly been in a critical situation recently.
Although the League of Friends met with an A&E consultant in December they are no further forward because of Covid numbers being so high as it means that all staff have been retained as NDDH. It has meant that they've not been able to forward any plans to reinstate staff at the Tyrrell.
The healthcare trust have promised to look again and respond, and the CCG have said because of the incredible pressure that they are under that they've not had the capacity to have a look into this which means that sadly everything is being delayed.
Dr John Womersley commented that he agrees that Terry and the League of Friends are right to challenge this as the MIU in Ilfracombe is a vital service, but the big issue that the hospitals face isn't money, but a lack of workforce with around 1 in 10 people being off sick and they are facing a crisis with the summer seeing a 25% increase in A&E admissions and they are acutely aware that it is just around the corner.

Other updates came from:

Ben Warrender from Christians Against Poverty – CAP ran their first CAP money course at Ilfracombe Baptist Church over the last month helping 4 people, but they are looking to do something similar again and also get some Ilfracombe based CAP money coaches trained up who can help people learn about money management. They have seen an exponential growth in people approaching them they have almost doubled numbers from pre-Covid so they are hoping to expand their capacity to deal with this.
If people do need to access CAP they have a Freephone number which is – 0800 328 0006
You can contact Ben on benwarrender@capuk.org

Rachel 361 Energy – they have received some funding to deliver energy advice from the CCG (through PCNs, social prescribers etc) and will be mapping the most vulnerable people in fuel poverty but also people with respiratory illnesses. She added that previously people could have referred client through the Local Energy Service Partnership but they have recently closed their doors to full home visits between now and July, so if you have anyone to refer then please go directly via 361 instead.
www.361energy.org

Louise Flagg – Gave a reminder about the Devon Connect Platform. They are busy populating the website with groups, organisations, community support etc. and are hoping to have 1000 groups listed before they launch.
NDVS is the administrator for Devon connect so if you are wanting to be involved then please contact Louise on – cvs@ndvs.org.uk

The question of the format of Living Well was raised as we are aware that there are some of the Living Well team members who aren't able to access Zoom and online meetings, so we will aim to hold a certain amount of meetings in person this year ☺

The next meeting will be on Wednesday 4th May at 12.30pm via Zoom.
The details are:
Join Zoom Meeting
https://us02web.zoom.us/j/89673203921

Meeting ID: 896 7320 3921
No Password Required

As always, if anyone wants to be added to the agenda for an update or presentation then let me know!

Many thanks,

Charmain