ASE CONCERN Barnstaple & North Devon

Services for people aged 60+

Registered Charity: 1201835



Care Line 01271 445131

Open Monday – Friday 9.30am – 1.30pm

Home Visits Available

Age Concern Care Line Help Desk can help you with:

- Benefit Applications
- Attendance Allowance Forms
- Blue Badge Parking Applications
- Signposting for Debt, Energy, Housing and Legal Issues
- Bereavement Support
- Home Support Services
- Home Maintenance
- Support for People Living with Long-Term Conditions
- Carer Support



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Do you live alone?

Are you aged 66+?

Is your weekly income less than £201.05?

You could be entitled to Pension Credit.

Contact Age Concern for help:



01271 445131

Are you a couple?

Are you both aged 66+?

Is your weekly income less than £306.85?

You could be entitled to Pension Credit.

Contact Age Concern for help:



01271 445131



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Are you aged 66+?

Do you need help to wash, dress or eat?

Do you need help with mobility?

Do you need help with communication?

You could be entitled to Attendance Allowance.

Contact Age Concern for help:



01271 445131

Are you living with a permanent disability which restricts your mobility?

You could be entitled to a Blue Badge which will give you more accessible parking options.

Contact Age Concern for help:



01271 445131



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Community Transport Booking Desk



1 01271 445131

Open Monday – Friday 9.30am - 1.30pm

Age Concern Community Transport can help you with:

- **Medical Appointments**
- Practical Journeys e.g. for shopping and banking
- Social Appointments e.g. to attend a lunch club, go to the hairdresser

Phone the Booking Desk to plan your journey.



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Shopping Service Booking Desk



01271 445131

Open Monday – Friday 9.30am - 1.30pm

Age Concern Shopping Service can:

- Help you with your shopping list
- Take you shopping and bring you home
- Help you around the supermarket, carry your bags and help you to put your shopping away
- Take your shopping list and payment and do your shopping for you

Phone the Booking Desk to arrange your shopping.



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Befriending Service



01271 445132

Open Monday – Friday 9.30am - 3.30pm

Age Concern Befriending Service can:

Provide a Weekly Befriending Telephone Call

Calls provide conversation and companionship and check to make sure that all is well

Provide a Weekly In-home Visit

Visits usually last an hour, plenty of time for a chat and a cup of tea



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Carer Support Service



01271 445132

Open Monday – Friday 9.30am - 3.30pm

Age Concern Carer Support Service can:

Provide a Weekly In-Home Respite Break

An Age Concern volunteer will provide a weekly befriending visit to the cared-for allowing the carer to take a break

Provide Respite Breaks through Community Activities

The cared-for can attend an Age Concern Community Activity (e.g. Lunch Club, Pop-In Morning, Seated Exercise Class) whist the carer takes a break



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Hospital Support Service



01271 445132

Open Monday – Friday 9.30am - 3.30pm

Age Concern Hospital Support Service can:

Provide Support Before, During and After a Stay in Hospital

Up to 6 weeks of support can be provided including help with shopping, pharmacy, light cooking and housework, befriending visits and phone calls

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Community Activities



01271 445133

Open Monday – Friday 9.30am - 3.30pm

Age Concern Community Activities:

- Lunch Clubs
- Pop-In Mornings
- Community Singing
- Afternoon Club
- Seated Exercise
- Library Club

All Clubs and Groups last 2 hours and include refreshments



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Wheelchair and Mobility Scooter Hire

Contact us to discuss your requirements.

Wheelchair & Mobility Scooter Hire



01271 445135









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Services for people aged 60+

Barnstaple

Elder Day

1st Wednesday of each month 10am – 3pm A day when Barnstaple takes extra care of our older residents

Bus Station Waiting Room - refreshments & accessibility toilet

High Street Shambles Community Café – rest & refreshments

Barnstaple Library - Wellness Café, books, audio & activities

Wheelchairs & Mobility Scooters - with user support

Elder Day Helpers - wearing Hi Viz will offer support around Barnstaple town

Age Concern pop-up Help Desk in Green Lanes Shopping Centre - help with Benefits & Blue Badge parking applications, signposting, information & support

Scotts Cinema – offering discounted tickets

To help plan your Elder Day please contact Age Concern 201271 445135





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Could you volunteer a little time to support Age Concern Services?

We have a wide range of **volunteer roles** across North Devon and offer excellent training and support.

Time commitments vary from 1 hour a month upwards.

Out of pocket expenses are paid and we provide a very popular quarterly events programme.

We also offer Volunteer Awards, a Volunteer Steering Group and a Volunteer Alumni.

Please contact our Volunteer Manager Jill Ackland 2 01271 445134 jill@ageconcernnorthdevon.org.uk



ASECONCERN

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AGE CONCERN Barnstaple & North Devon

Care Line

Telephone & Home Visits Information, Signposting & Support



Phone: 01271 445131 Email: tina@ageconcernnorthdevon.org.uk

- · Benefit Applications & Housing
- . Home Adaptations, Maintenance, Cleaning & Gardening
- . Debt, Energy, Will & Estate Planning, Legal Issues
- Carer Support, Memory/Dementia, Disability, Long-term Conditions eg. Stroke & Parkinson's, Hearing & Sight Impairment
- Transport, Mobility & Accessibility, Independent Living Services
- Bereavement Support, Funeral Planning
- . Loneliness & Isolation, Mental Health & Wellbeing
- Community & Statutory Support Services

Charitable Incorporated Organisation Registered in England and Wales

Charity Number: 1201835

What Does Ilfracombe Need?

 One Ilfracombe provides Carer Support Services and Community Transport

Age Concern can immediately provide:

- Care Line
- Telephone Befriending





· Chat about old times & new times

· Feel reassured that someone is phoning

every week to make sure that all is well

Charity Number

Ask or extra help & support if needed

Share troubles & celebrations

Charitable Incorporated Organisation

Registered in England and Wales

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With Ilfracombe volunteers Age Concern can provide:



Befriending



Hospital Support



Shopping Service





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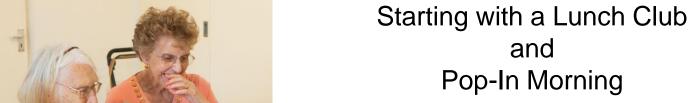


With Ilfracombe volunteers Age Concern can provide:



Community Activities If there are gaps?







Does Ilfracombe want to participate in Barnstaple Elder Day?

