Recovery Devon: Supporting Mental Health & Recovery in Devon

North Devon Community Lead - Jody Coyle

Who We Are

Recovery Devon is a Community Interest Company (CIC) dedicated to promoting recovery-focused mental health care across Devon. We are shaped by individuals with lived experience, their families, and professionals, working together to create opportunities for recovery.

What We Do

- Signposting & Resources – We provide guidance via hello@recoverydevon.co.uk and offer online materials to support individuals and their supporters.
- Lived Experience & Recovery Training – We deliver training for individuals, community groups, and businesses to increase awareness and understanding.
- Books on Recovery – Our 'Storms Trilogy' explores different perspectives on mental health recovery.
- Letters of Hope & Letters of Tomorrow – Resources for those struggling with suicidal thoughts and for young people facing challenges.
- Podcast & Social Media – We share lived experiences and conversations around recovery, offering inspiration and connection.
- New Website – Coming soon, making it easier to access resources and support.
- Recovery Fund – A small grants programme (up to £750) supporting local mental health projects in Devon.
- Community Events & Open Meetings – Opportunities for connection, collaboration, and learning.
- Newsletter – Stay updated with our latest projects, events, and opportunities.

About me

I'm Jody Coyle, a Community Developer for Recovery Devon based in North Devon. With lived experience of bipolar disorder, eating disorders, OCD and PTSD, I've worked with Recovery Devon for almost four years to support others using my experience and empathy. I'm also an Expert by Experience for Devon Partnership Trust and Devon Mental Health Alliance, actively working to shape a better future for mental health.

Get in Touch

- Email: jody@recoverydevon.co.uk
- General Enquiries: hello@recoverydevon.co.uk
- Website: www.recoverydevon.co.uk
- Social Media: @RecoveryDevon

Together, we can create a Devon where recovery is celebrated and accessible to all. Reach out to learn more, collaborate, or get involved!