Hi all,

Thanks to those of you who were able to make it along to May's meeting (even though it was a glorious day)!
Please find some notes below with attached presentations that are well worth a look!

One Ilfracombe Updates:

Into The Blue – This programme has now launched and it has been a huge success already! The feedback from the students, the school and the parents has been glowing and it is an absolute delight to see the kids all having an amazing time in the sea whilst also learning about the dangers that the sea/tide can present and how to navigate those safely.
We have also managed to secure an additional £2000 from Active Devon for this project, so the current total is just under £27,000.
We have a great selection of photos on the One Ilfracombe Facebook page.

The Family Hub/Ilfracombe Children's Centre – Following concerns raised at last month's Living Well about the DCC takeover of the Childrens Centre/Family Hub I have been emailing Ian Flett at DCC (who is overseeing the transition) with the concerns. He has replied but understandably as a lot of the questions were around staffing and the contracts were still being confirmed there wasn't much he could clarify on that front, but he has offered to come to Living Well (probably June's meeting) to speak with the team and explain the new layout and answer any questions they may have.

Cultural Town Team –
Date for the diary is 18th May as Mel from Hand:Plant has organised a Beach Clean supported by the Earth Repair Shop and Plastic Free North Devon. The plan is to use any rubbish found on the beach to create an Art Attack style piece which. This will all be filmed and then shared as a part of the national Beach of Dreams initiative.

We are also undertaking a recce of where there are abandoned community noticeboards around Ilfracombe as we know that there are some old ones hiding behind hedges! If you know if any hidden ones then please let Charmain know.

Ilfracombe Futures Forum –- https://www.ilfracombefutures.org/ - Still a huge amount of productivity coming from this forum. Our next full meeting is Thursday 15th May at Ilfracombe Academy where the head, Steve Rogers will also be giving us a tour of the school.
I have been for a tour of North Devon Resport who are keen to lend their spaces for community youth projects and also have a meeting lined up this afternoon with the Queens pub who had previously tried to run a youth club from their space but due to lack of funding were unable to continue.

Mental Health Mycelium Network – A productive meeting once more with lots of conversations around how we share knowledge and resources. If you'd like to be involved in this please pop Charmain an email.

Poverty Truth Commission – The PTC has now moved to fortnightly meetings and there is a great feeling of momentum and drive for change now that the areas of interest have been narrowed down.

Presentation 1 – Lisa Woodard from Stop For Life – lisa.woodward@stopforlifedevon.org 07969 720855

Lisa is the Engagement Lead for Stop For Life who offer smoking cessation support for anyone of the 12years or older (although they can take younger in some cases) who is smoking tobacco products (so not for those who are solely vaping, although they can signpost of this is what you are looking for).
They offer a 12 week programme of coach-led support from coaches who are trained in behavioural science. This coaching is available on telephone, video call or face to face and they can also supply free nicotine replacement products and also support people are taking GP prescribed medications that help them stop smoking.

To refer someone (or self-refer) you can email stopforlife.devon@nhs.net, call on 0800 122 3866 or visit the website www.stopforlifedevon.org

Stop For Life can also offer free training to anyone who would like to become a Community Champion, which will help them to have those sometimes tricky conversations around nicotine addiction. Their next session is via Teams on Weds 28th May from 10-11.30am. They also have Vape Awareness training on 4th June and 4th September again from 10-11.30am. Please drop Lisa an email if you'd like to take part.

I have attached Lisa's presentation for you to have a look through!

Presentation 2 – Jess Giblett and Jamie Owen – Finding Natures Footprints as part of National Landscapes – jess.giblett@devon.gov.uk

Jess shared with us the Finding Natures Footprints project which is a 3 year Heritage National Lottery funded projects that is currently in its third year.
The programme aims to engage the community and then support them in accessing nature.
They have a number of existing regular sessions and also have walking maps available for Ilfracombe along with Spotters guides, and are keen to work with existing and new projects in Ilfracombe to see how they can support their users to access the lovely spaces that we have around us.

I have attached Jess's presentation which explains it all far more clearly than I am right now! If you would like to get involved then please pop her an email!

Around the table:

Terry Elliot updated us that there is an indication that when the contract for the MIU weekend provision for the MIU finishes in July that it may not be renewed. This is obviously, as Terry says, a grave concern, especially as the weekday MIU option at Combe Coastal isn't (despite their best efforts and limited resources) a real MIU

option as it often isn't walk-in and appointment only.
There has been definitive answer yet about the future of the MIU at the Tyrrell but as soon as she hears anything she will update us.

Sarah asked Terry about the situation with the library. Terry responded to say that the library's contract is up next year and warning signs are that there could be further reductions to funding with a potential plan to use the community to fill gaps.

Louise Flagg – NDVS are running their Level 2 Safeguarding course for a subsidised price of £20pp on 12th May and they still have a couple of places left. Please contact her if you'd like a place – cvs@ndvs.org.uk

Date of next meeting: Wednesday 4th June

Charmain Lovett
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