Living Well May

Presented by Lisa Woodward

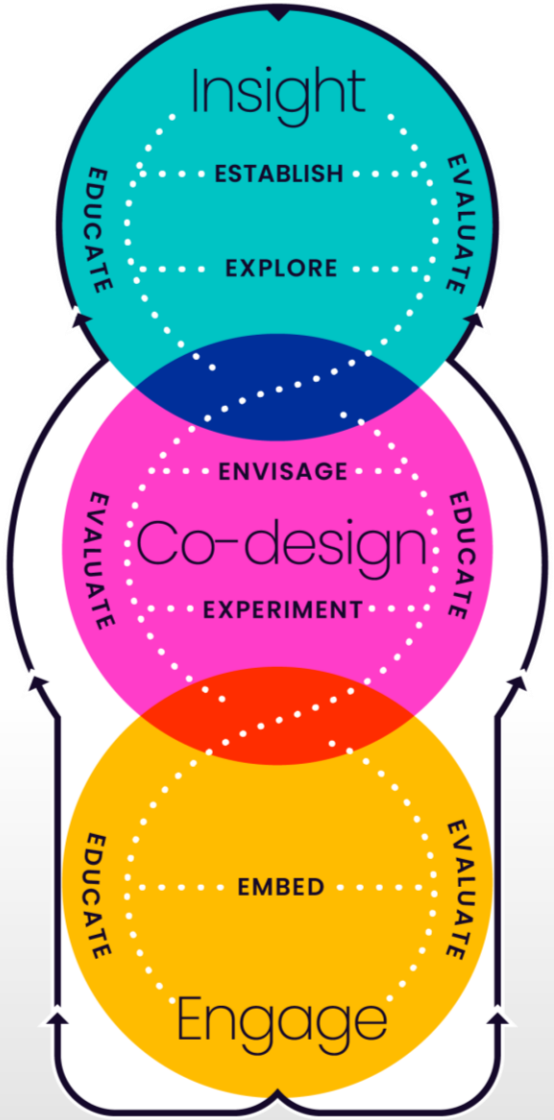
StopForLife Devon by ice

Introduction

How…

Everything we do is powered by deep human behaviour insights, intelligent thinking, and collaborative creativity.

The result is strategies and communications that activate and energise cultures, teams, brands, campaigns, and behavioural change to **make better happen**



Enabling Transformation…

Through insight, co-design and engagement, we deliver full and lasting **transformation**.

Our Vision

To live in a society that is well, confident and resilient… **a place we can be our best.**

An Introduction to Our Service

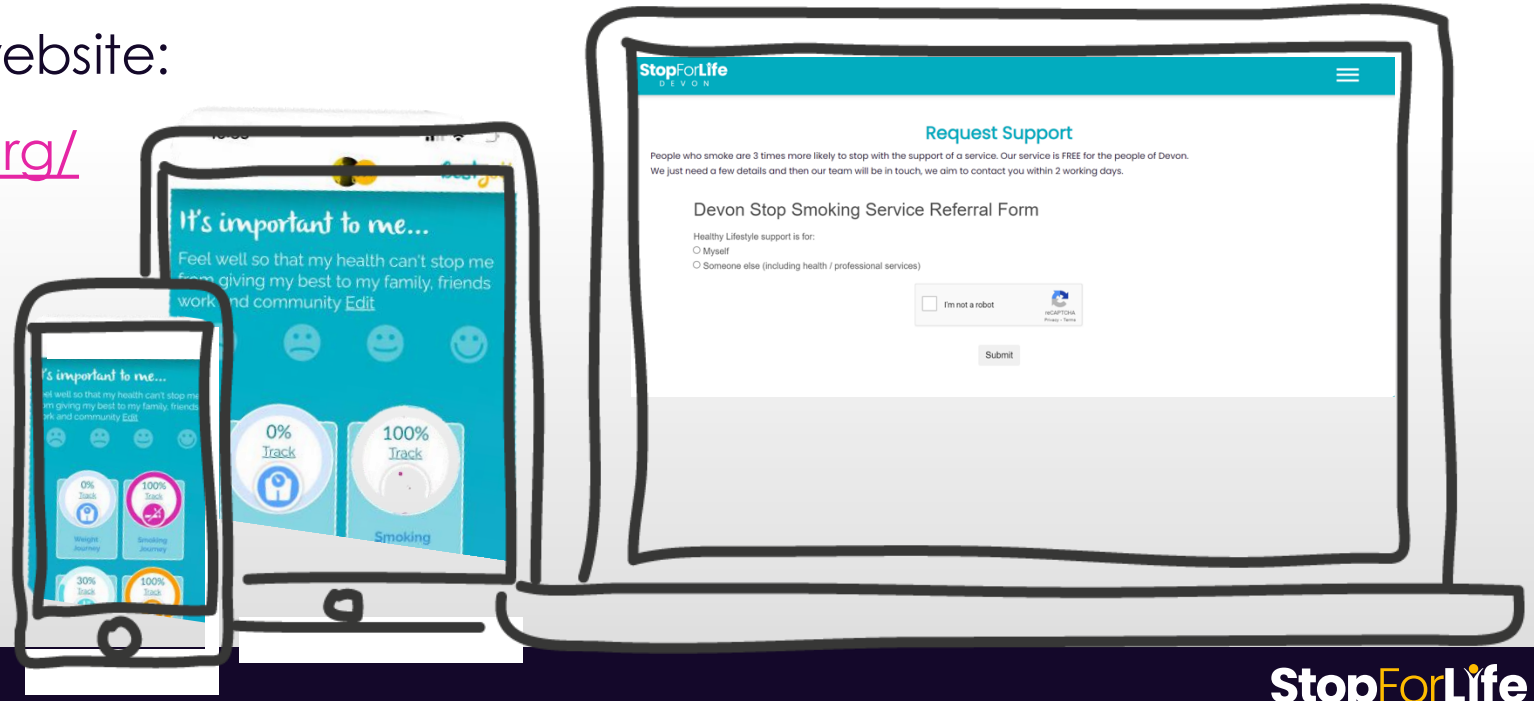
- We offer specialist support, over a 12-week coach led pathway.
- We provide both FREE Nicotine replacement therapies and Electronic Cigarettes.
- Our team of coaches can provide support via telephone, video call or face to face. We provide Drop-In & Referral Hubs in community settings to improve service accessibility.
- We work closely alongside Treating Tobacco Dependency teams (TTD) across our trusts.
- Digital self care offer https://best-you.org

How to Refer

- Email referrals via NHS net: stopforlife.devon@nhs.net

- Telephone referrals via 0800 122 3866

- Via referral form on the website:
- https://stopforlifedevon.org/



Eligibility

- **Tobacco smokers who live or work in Devon area (excluding Plymouth and Torbay) and are registered with a GP in Devon County Council.**

- Age 12+, we can support under 12yrs but we must have a parent or care provider engaged as part of this pathway. Our coaches are trained in working with all groups and we integrate assessments such a the Gillick competency scale as part of this.

- Currently under development! We are developing support for a vaping only pathway, particularly aimed around young people.

Where:

- Our office is based in Exeter Community Centre.

Training Available

Fully funded training:

- **Smoking Cessation Champions Training** – Designed for those wanting to gain skills and knowledge to have confident conversations around smoking and health.
- Wednesday 28th May – 0900-1200 MS Teams
- Tuesday 15th July – 0900-1200 Exeter Community Centre

Vape Awareness Training

- Wednesday 4th June 1000-1130 MS Teams
- Thursday 4th September 1000-1130 MS Teams

https://stopforlifedevon.org/community-training/

We want to be where YOU are!

- **At Stop For Life Devon, we want to work in the community, to help make better happen, just like you. With this in mind -**

- How can we support you in the community?
- Any events around Devon that we could support you with?
- Who could we connect you with to support those you are working with?

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Lisa Woodward

Lisa.Woodward@stopforlifedevon.org

07969 720855

ice

StopFor**Life**Devon.org

0800 122 3866

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