



**One Ilfracombe Living Well Group**

**Date: Wednesday 4<sup>th</sup> March 2026**

**Time: 1230-1430**

**Venue: The Ilfracombe Centre, 44 High St Ilfracombe**

**OR via Microsoft Teams:**

**Microsoft Teams meeting**

**Join:** <https://teams.microsoft.com/meet/31751316797767?p=8pRagJBm3nDyg9qyPa>

Meeting ID: 317 513 167 977 67

Passcode: R2tY2t7Q

1	Welcome/apologies – Dr Sarah Williams (Chair)
2	One Ilfracombe Project Update – Charmain Lovett
3	Community Rehab Event - Charmain
3	Alison Walker – Combe Homewares
4	Lianne Coombes – Still Point Yoga Studio
6	Round The Table/Updates
7	Date of next meeting – May 6th 2026